



JUST FOR STARTERS

Additional sauce is \$0.50 extra

RED ROCKIN' WINGS

Our famous chicken wings served with blue cheese 9 Wings | \$13.75 18 Wings | \$25

Mild (GF) Honey BBQ (GF) Hot (GF) Sweet Chili (GF) Hot & Sweet (GF) General Tso's Teriyaki Honey Mustard

Cajun Dry Rub (GF)

Garlic Parmesan Dry Rub (GF)

BONELESS WINGS | \$13.75

Choice of sauces are listed above.

PHILLY CHEESESTEAK EGGROLLS | 14

Eggrolls stuffed with shaved steak, peppers, onions, american cheese and served with ranch.

PESTO MARGHERITA FLATBREAD | \$12

Pesto, tomato, melted mozzarella topped on a flatbread crust.

BBQ CHICKEN FLATBREAD | \$12

Grilled chicken, BBQ sauce, mixed cheeses, and chopped onions topped on a flatbread crust.

POT STICKERS | \$13.50

Pan-seared chicken dumplings. Served with teriyaki sauce.

MONSTER NACHOS | \$11.50 VT, GF

Piled high and smothered with cheese, diced tomatoes, jalapeños and black olives. Served with salsa and sour cream.

> Add black beans /\$1 Add chicken or beef | \$3

RED ROCK SLIDERS | \$14

Three mini burgers topped with cheese and pickles. Served with french fries.

CHICKEN QUESADILLA | \$14

Seasoned grilled chicken breast, melted cheese, lettuce, and diced tomatoes in a flour tortilla. Served with salsa and sour cream.

FRIED MOZZARELLA | \$12 VT

Served with marinara sauce.

CHICKEN TENDERS | \$13.50

Lightly breaded chicken strips served with BBQ or honey mustard sauce.

POPCORN SHRIMP | \$14

Bite-sized shrimp battered and lightly fried. Served with your choice of cocktail or tartar sauce.

CALAMARI OR CLAM STRIPS | \$14.50

POTATO SKINS | \$12

Hand-cut potato skins loaded with cheddar cheese & crumbled bacon. Served with sour cream.

EGGPLANT FRIES | \$12.50

VT

Hand-cut, breaded eggplant fries, tossed in parmesan cheese and served with marinara sauce.

BUFFALO CAULIFLOWER | \$12.50 VT

Crispy cauliflower tossed in our buffalo sauce. Served with blue cheese dressing. Make it vegan w/o blue cheese dressing

RED ROCK SAMPLER | \$17.75

A sampling of our famous wings, loaded potato skins, crispy onion rings, and fried mozzarella. Served with a variety of dipping sauces. Available after 2:30 p.m.

SOUPS

Check our specials board for today's soups. Cup | \$4.50 Bowl | \$5.50

Additional dressing is \$0.75 extra.

In-house only: All salads except our Cobb Salad are served in a fried flour tortilla shell.

Dressings available:

Balsamic Vinaigrette (VG, GF), Italian (VG, GF), Lemon Mustard Vinaigrette (VG, GF), Roasted Red Pepper (VG, GF), Cucumber Wasabi (GF), Ranch (GF), Chipotle Ranch (GF), Raspberry Vinaigrette (GF), Parmesan Peppercorn (GF), Thousand Island (GF), Russian (GF), Salsa (VG, GF), Sour Cream (GF), Blue Cheese (GF), Caesar

COBB SALAD | \$16.25 GF

Seasoned grilled chicken breast topped with avocado, bacon, egg, tomato, black olives and a gorgonzola cheese crumble. Served over mixed greens with a side of balsamic vinaigrette dressing

CHICKEN CAESAR SALAD | \$15.50

Seasoned grilled chicken breast topped with parmesan cheese and garlic croutons served over romaine lettuce and tossed in caesar dressing.

BUFFALO CHICKEN SALAD | \$15.50

Spicy popcorn chicken topped with shredded cheese, tomatoes, cucumbers, onions, and olives. Served over mixed greens with a side of blue cheese dressing.

LOUISIANA SALAD | \$15.50

Cajun grilled chicken topped with cheddar cheese, tomatoes, cucumbers, onions, and olives. Served over mixed greens with a side of Russian dressing. Make it gluten-free w/o served in shell

TACO SALAD | \$15.50

Seasoned ground beef, topped with shredded cheese, onions and tomatoes. Served over romaine lettuce with a side of salsa & sour cream.

Make it gluten-free w/o served in shell

GIOVANNI SALAD | \$17.75

Our signature caesar salad topped with seasoned grilled chicken and shrimp.

BLACKENED SALMON SALAD | \$17.75

Blackened salmon topped with tomatoes, onions, olives and cucumbers. Served over mixed greens with balsamic vinaigrette dressing.

Make it gluten-free w/o served in shell

VEGGIE SALAD | \$15.50 VT

Pan-fried eggplant topped with peppers, tomatoes, cucumbers, onions, olives, and mushrooms. Served over mixed greens with balsamic vinaigrette dressing.

FALAFEL QUINOA BOWL | \$16.25 VG

House-rolled falafel, quinoa, tomatoes, cucumbers, olives, onions, and avocado. Served with roasted red pepper dressing and grilled pita.

Make it gluten-free w/o grilled pita

BURRITO QUINOA BOWL | \$14 VT | GF

Black beans, corn, quinoa, shredded cheese, avocado, onions, tomatoes, and fresh cilantro. Served with chipotle ranch.

Make it vegan w/o cheese and chipotle ranch Add grilled chicken for \$5 or grilled shrimp for \$7

MENU LABELS:

VT vegetarian VG vegan GF | gluten-free

All wraps are served in a flour wrap and are served with chips. Add a side for \$3. Add sweet potato fries, garlic parm fries, cajun fries or a side salad for \$4.

BLT | \$10

The classic: crispy bacon, fresh lettuce, ripe tomato and mayo.

Make it gluten-free w/gluten-free wrap

CHICKEN CAESAR | \$10

Grilled chicken, Romaine lettuce, Parmesan cheese, and Caesar dressing.

Make it gluten-free w/gluten-free wrap

VEGGIE | \$10

Crispy eggplant, lettuce, tomatoes, sautéed mushrooms, peppers, and onions tossed in a vinaigrette dressing.

TUNA MELT | \$10

Homemade tuna salad, topped with melted cheese, lettuce, and tomatoes.

Make it gluten-free w/gluten-free wrap

BUFFALO CHICKEN | \$10

Spicy popcorn chicken, lettuce and blue cheese dressing.

Make it gluten-free w/ grilled buffalo chicken & gluten-free wrap

GRINDFRS

Grinders are 8" with your choice of toppings below. Served hot or cold. All grinders are \$10. Add a side for \$3. Add sweet potato fries, garlic parm fries, cajun fries or a side salad for \$4.

CAPICOLA CHICKEN PARMESAN GENOA SALAMI PASTRAMI TUNA SALAD

CHEESEBURGER EGGPLANT PARMESAN VT ITALIAN COMBO ROAST BEEF VEGGIE (crispy eggplant) VT

CHICKEN CUTLET HAM AND CHEESE MEATBALL TURKEY

Veggies: lettuce, tomatoes, onions, cucumbers, black olives, mushrooms, roasted peppers, jalapeños, pickles

Cheeses: american cheese, cheddar cheese, provolone cheese, swiss cheese Sauces: pesto, mayo, bbq, chipotle, buffalo, sriracha, mustard, oil and vinegar

Add avocado or bacon to any grinder for an additional \$1

SANDWICHES AND BURGERS

All are served with french fries or your choice of a side. Substitute for sweet potato fries, garlic parm fries, cajun fries, or a side salad for an additional \$1.

Wheat bread is available. Add avocado or bacon to any sandwich or burger for an additional \$1.

CALIFORNIA CHICKEN SANDWICH | \$14.25

Grilled chicken breast topped with avocado, bacon, lettuce, tomato and mayo.

CAPRESE CHICKEN PANINI \$14.25

Grilled chicken breast, pesto, fresh mozzarella, mixed greens, and tomato pressed on our panini grill.

HONEY MUSTARD TURKEY PANINI| \$14.25

Turkey breast, cheddar cheese, lettuce, tomato and honey mustard pressed on our panini grill.

TURKEY CLUB | \$14.25

Turkey breast with lettuce, tomato, mayo and crispy bacon.

ALPINE CHICKEN SANDWICH | \$14.25

Grilled chicken breast, topped with melted swiss cheese, sauteed onions and mushrooms.

TUNA MELT | \$14.25

Fresh tuna salad topped with melted cheese.

RIT | \$13.25

The classic: crispy bacon, fresh lettuce, ripe tomato and mayo.

THREE CHEESE GRILLED CHEESE | \$11.25

American, provolone, and cheddar.

KENNEY'S CLASSIC BURGER | \$14.50

Half-pound beef patty topped with american cheese, lettuce, tomato and mayo.

GORGONZOLA BURGER | \$14.50

Half-pound beef patty topped with fresh mixed greens, tomato, gorgonzola cheese, and sriracha mayo.

TEXAS SMOKEHOUSE BURGER | \$14.50

Half-pound beef patty topped with cheddar cheese, bacon, onion rings and BBQ sauce. Served on texas toast.

CHEESEBURGER CLUB | \$14.50

Half-pound beef patty topped with lettuce, tomato, cheese, bacon and mayo.

VEGGIE BURGER | \$14.50 VG

Vegan black bean burger topped with mixed greens, tomato, and sriracha.

GLUTEN – FREE:

Gluten-free bread is available for any sandwich or burger for an additional \$1.

DINNER ENTREES (AVAILABLE AFTER 5:00)

Chicken

CHICKEN A LA NICOLE | \$18.75

A customer favorite... tender seasoned grilled chicken strips tossed with our rich tomato vodka cream sauce, topped with parmesan cheese and served over pasta.

Make it gluten-free with gluten-free pasta

CHICKEN PARMESAN | \$18.75

Breaded chicken breast topped with fresh provolone, baked in our homemade marinara sauce and served over pasta.

CHICKEN AND BROCCOLI ALFREDO | \$18.75

Tender grilled chicken tossed with broccoli in a creamy alfredo sauce and served over pasta.

CHICKEN FRANCESE | \$18.75

Egg-battered chicken topped with a buttery lemon sauce and served over pasta.

CHICKEN MARSALA | \$18.75

Tender grilled chicken sautéed with mushrooms, onions in a marsala wine sauce and served over pasta.

GF CHICKEN MARINARA | \$18.75 GF

Gluten-free pasta tossed with grilled chicken and our signature marinara sauce.

Seafood

SALMON DINNER BOWL | \$18.75

Teriyaki-glazed salmon served with quinoa and steamed veggies. Topped with sesame seeds.

FISH & CHIPS | \$18.75

VT

Battered filet of cod cooked golden brown and served with french fries and coleslaw.

FRIED SHRIMP PLATTER | \$18.75

Seven large shrimp, crispy fried and served with a side of tartar sauce, coleslaw and french fries.

CLAM STRIP PLATTER | \$18

Fresh jumbo clams, crispy fried and served with a side of tartar sauce, coleslaw and french fries.

MENU LABELS:

VT | vegetarian VG | vegan GF | gluten-free

BEVERAGES

SIDES

SODA | \$2.50 French fries \$4.50 Coke, Diet Coke, Sprite, Ginger Ale, Curly fries \$4.50 Club, Tonic Sweet potato fries \$5 Cajun fries (dry-rub) \$5 ICED TEA | \$2.50 Garlic parmesan fries (dry-rub) \$5 Unsweetened or Sweetened Onion rings \$4.50 Garlic bread with cheese \$4.50 JUICE | \$2.50 Coleslaw \$4.50 Orange, Cranberry, Pineapple, Steamed vegetables \$4.50 Lemonade Side salad \$5

Pasta

TORTELLINI A LA VODKA | \$15 VT

Cheese-filled tortellini topped with our rich tomato vodka cream sauce.
Add Chicken | \$5
Add Shrimp | \$7

EGGPLANT PARMESAN | \$17.75 VT

Breaded eggplant topped with marinara sauce and melted cheese, served over pasta.

PASTA WITH MEATBALLS | \$11

Penne pasta topped with homemade meatballs and our signature marinara sauce.

To-Go/Delivery

\$0.50 is added to each item to-go. Local delivery is available for businesses with a minimum order of \$20 and subject to a \$2 delivery charge.

<u>Catering</u>

We cater for any event. Check out our catering menu on our website, or ask your server for details.

<u>Brunch</u>

We offer brunch on Saturday's and Sunday's featuring Wycliff champagne all weekend.

Ask your server to hear more about our brunch specials such as our boozy iced coffee on Saturday's or our bottomless mimosas on Sunday's.

<u>Cocktails</u>

Ask your server for our seasonal drink menu to see what drinks are featured, including our rotating beers and High Noon spiked seltzers.

Social Media

Follow us on Instagram and Facebook @redrocktavern

Parties of 6 or more are subject to 20% gratuity.